

Nushrat Bharucha to reduce weight for a film song

Posted by [Sumit](#) | April 08, 2018

Nushrat Bharucha, 'Sonu Ke Titu Ki Sweety' actress who played a negative role in the film has really got praises for her looks in the film. The actress was asked to reduce her body weight for a film song and that was really a tough task for the actress.

She further added that Luv wants his characters to look healthy and fine every time. So he asked her to reduce weight for the film. It was really tough for her to do that. She is already very thin and had to reduce more weight for the film.

The actress then consulted her naturotherapist and she was then kept on a vegan diet.

The actress felt happy that she became a pure vegan for the film.